



# Heartspring

**NEW!**

## Music Therapy CARE Club

**We are thrilled to introduce our latest CARE Club: a music therapy group tailored to nurture your child's development through the transformative power of music.**

Led by Heartspring's board-certified music therapist, Roxanne Nelson, these sessions focus on supporting your child's:

- Social skills
- Sensory processing
- Speech and communication
- Creative expression

Your child will engage in verbal and non-verbal communication exercises to enhance their expressive and receptive language skills in a supportive environment. These structured therapeutic music experiences promote teamwork, cooperation, and turn-taking. Additionally, your child will have the opportunity to explore various instruments, musical genres, and improvisational techniques, which will nurture their creativity and foster a strong sense of individuality.

Grounded in evidence-based practices, our music therapy sessions promote holistic development, fostering confidence, emotional regulation, and a deeper appreciation for music. Join us as we embark on this harmonious journey, resonating with the promise of growth and possibility!



**6 sessions every other week starting September 9.**

- Ages 3-5
  - Every other Monday 10:00-11:00 a.m.
  - \$498
- Ages 6-12
  - Every other Wednesday 5:00-6:30 p.m.
  - \$750

### **Heartspring Music Room**

- Check in at the Outpatient Services front desk. 8700 E. 29th St. N., Wichita, KS 67226

*With limited spots available this semester, please understand that we cannot accept all applicants. We will utilize a waitlist to add other groups in future semesters.*

Financial assistance is available for qualifying families upon acceptance into music therapy.

**If interested, email [caremusictherapy@heartspring.org](mailto:caremusictherapy@heartspring.org) or call 316-634-8710.**